

Coordinator

The person who prepares and calls the meeting is the coordinator. It could be someone you have a lot of contact with or someone you have great confidence in. Ask for a CIP at your healthcare centre or where your healthcare provider is.

The coordinator's job is to ensure that you receive a coordinated individual plan, CIP, and that it is followed up.

Sometimes the coordinator is your primary healthcare provider and can then act as a link between you and the staff of the relevant healthcare, assistance and welfare providers.

Contact your municipality or healthcare provider for more information.

Department

Contact person

Telephone

E-mail



Region Örebro County

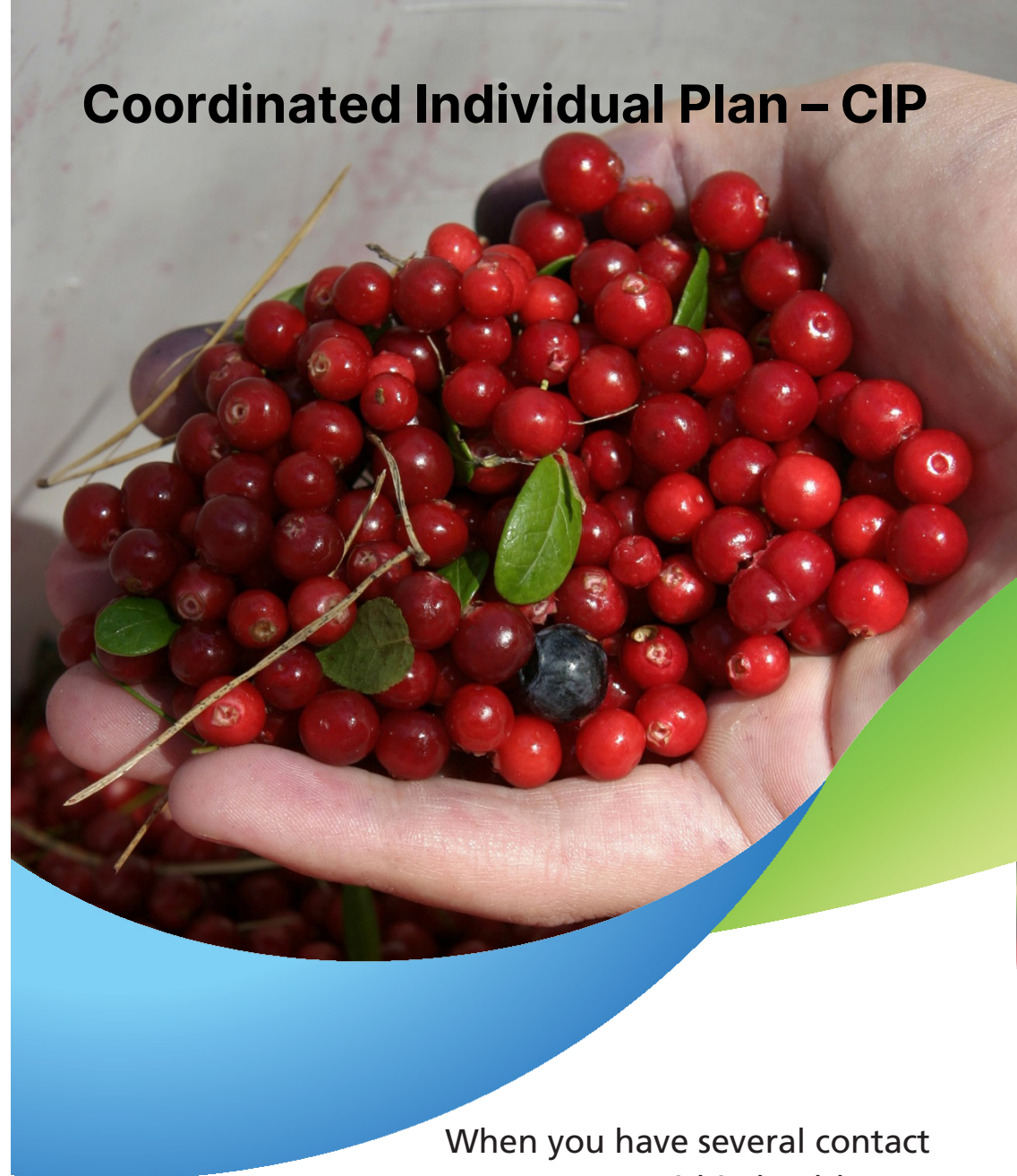
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Photograph: Region Örebro County, December 2023

Coordinated Individual Plan – CIP



When you have several contact persons within healthcare, assistance and welfare



Region Örebro County

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Coordinated Individual Plan, CIP

If you need services from different healthcare, assistance and welfare providers, the possibility exists of coordinating these.

This is done in a coordinated individual plan. The plan should improve coordination and provide you, your relatives and the relevant healthcare, assistance and welfare providers with a comprehensive picture. At the same time, you will have more influence and increased participation in matters related to your situation.

Here is how it works

You or a staff member, for example from the municipality or the region, initiate coordination. That staff member usually becomes the coordinator.

Together, you will identify the various healthcare, assistance and welfare providers that are available to you and your need for coordination.

The coordinator will summon all of you to a meeting.

The meeting can be held in several different ways and together you will find out what suits you best.

During the meeting, you will discuss your needs and who will do what among the healthcare, assistance and welfare providers.

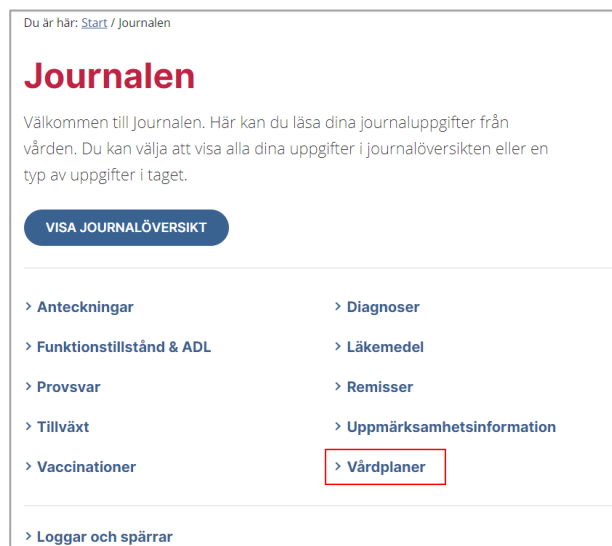


Prior to the meeting it is good to think about the following:

- What needs, wishes and expectations do you have?
- How would you like things to be?
- What is important to you based on your current situation?

Consent

An exchange of information between the municipality and the region about your health and needs only takes place if you have given your consent to it.



You will find your CIP here

What you agree on at the meeting is documented and saved in a CIP which you can read on 1177.se under the heading Care Plans.

You can also have a paper version of your CIP sent to your home.