

When you return home

When you are discharged and are due to go home, you will receive written details about your time in hospital. This information will include the name of your permanent care contact and other relevant details. The assistive devices that you will need when you return home will be tested according to your requirements, and you will also receive a list of your medication.

The information you receive when you are discharged is a summary of the reasons for your care and what has happened during your time in hospital. The planning decisions will continue to apply until you have a coordinated individual planning (CIP) meeting.

Checklist of what I need to take home with me:

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All you need to know before returning home

Regardless of your age, you may need further care after spending time in hospital. This brochure will take you through the different stages – from admission to discharge.



*You should feel safe
and secure at home*



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Planning begins when you are admitted

After spending time in hospital, you can return home safe in the knowledge that you will receive all the support you need. To ensure this is the case, staff at the hospital work closely with your local authority and your health centre or clinic. As soon as you are admitted, we inform them that you are receiving care from us, allowing the planning process to begin. This notification also includes the date on which you are expected to return home. If you give your consent, they will also be given details of why you are receiving hospital care, which will be the same as the information you receive from your doctor. The guiding principle is that your journey through the healthcare system should be in your best interests at every stage.

Estimated discharge date:

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Permanent care contact

During the time you are in hospital, you will be given the name of an individual who will act as your personal care contact at the health centre or clinic. She or he will help you to coordinate and plan your future care when you return home. After you have given your consent, a coordinated individual planning (CIP) meeting will be arranged.

My permanent care contact is:

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Coordinated individual planning (CIP)

It is important that you feel secure in the knowledge that you know what has been planned regarding your future care, and who you can turn to when you are at home. Planning is based on what is important for you. You are involved in deciding the goal behind your continued care and the path towards achieving that goal.

The plan should state clearly who is responsible for what. This includes your responsibility, the responsibility of those close to you, and what the various groups that are involved should contribute. It is also important to decide on the form and scope of the follow-up process.

You will be involved in deciding where the planning will take place. In most cases, your home is the best option. It may be possible for those involved to take part remotely via a video link, which could make it easier for relatives to attend the meeting at your request.

The following is important to me:

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