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Information for parents/guardians - self-care

### **Children who need help with medications or assistive devices at school**

Is your child being prescribed medication? Has the doctor determined that it should be taken during preschool/school hours or at the after-school centre and does your child need help with this? In that case, the healthcare provider should issue a self-care decision that you should bring to school.

This is a special form (self-care decision) which is available to healthcare providers and which they should complete for you.

The principal of your child's school is responsible for ensuring that your child gets the right support.

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### **Advanced care provisions**

Does your child need advanced medical care and assistive devices during preschool/school/after-school? Or is the written information in the self-care decision not sufficient? If that is the case, the healthcare provider will take responsibility for your child's planning.

It is the healthcare provider or the school that determines what advanced care provisions are.

### **Any questions about your child's self-care?**

Contact the healthcare centre, ward or clinic that your child has been in contact with, and they will help you.

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### **As the parent/guardian, what should you do?**

If your doctor determines that your child needs medication, and will need help during school hours, you as the parent/guardian is responsible for:

- bringing the form and
- the medicine in its original packaging.

The preschool/school/after-school centre can then give your child medicine as prescribed.

### **Your responsibility as the parent/guardian**

You are responsible for contacting the healthcare provider in the event of any changes, for updating the school and, if necessary, for providing new instructions.

### **Most medications can be taken before and after school and before bedtime**

In some cases, medication needs to be given in the middle of the day. Talk to the doctor.